

30/4/2025

MORETUM



Preparation time: 40

Cooking time: 0

Preparation

Preparation with Mortar:

- 1. Crush the garlic cloves.
- 2. Add the chopped herbs and mash.
- 3. Add the cheese cut into small cubes and mash.
- 4. Blend the paste.
- 5. Add the oil in a thin stream until the mixture absorbs it.

https://sacoop.avatools.com/



Preparation with Thermomix or Blender:

- 1. Blend the garlic and herbs with a bit of oil.
- 2. Add the cheese and half of the oil.
- 3. Gradually add the oil until the desired texture is achieved.

Ingredients used in this recipe:

20 g mint 10 g celery leaves 20 g parsley 50 g basil 250 g semi-cured cow's cheese made from raw milk 250 g cured cow's cheese made from raw milk 200 ml extra virgin olive oil from Menorca 4 garlic cloves 10 ml garum

Storage: Keep refrigerated at 4 °C.